

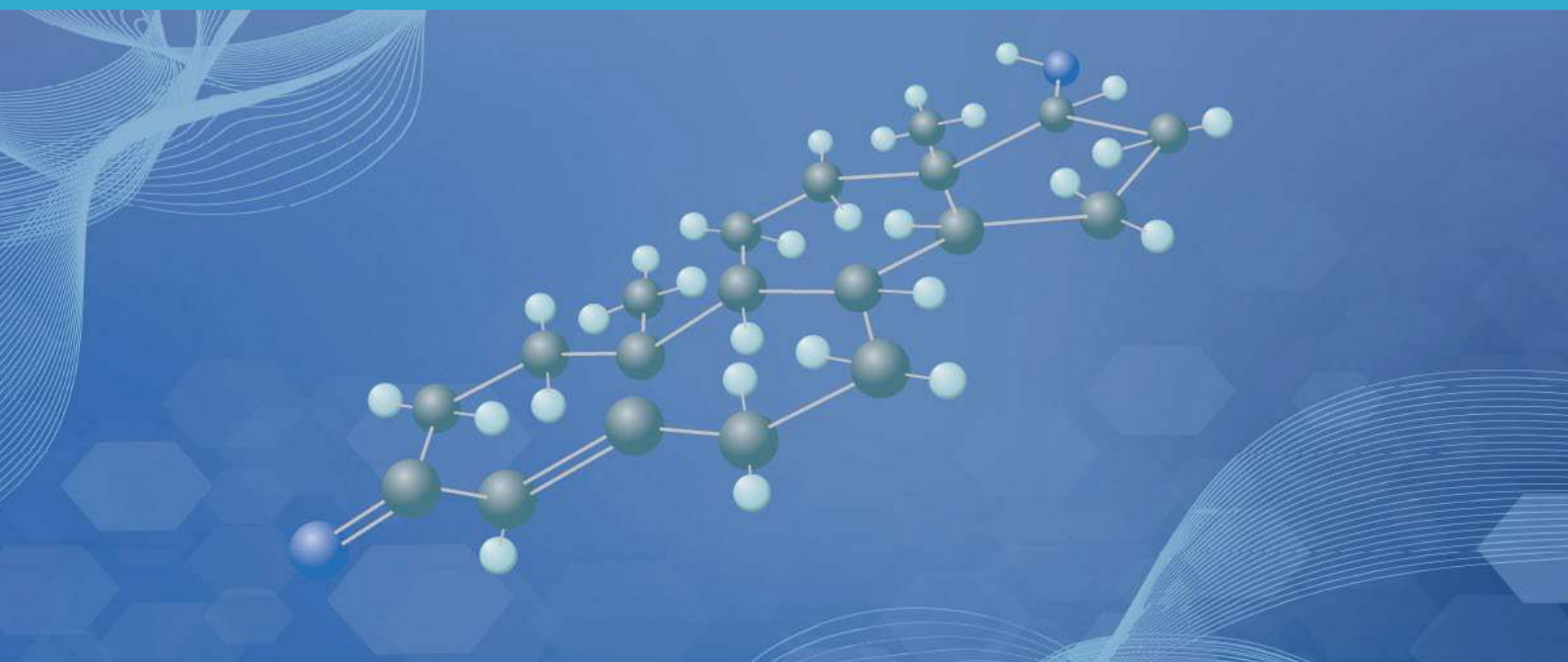
# Testosterone Therapy and Men's Health Congress

7-8 November 2025

Kimpton De Witt Amsterdam, Amsterdam, Netherlands



UNDER THE LEADERSHIP OF: Abraham Morgentaler, MD, FACS



## SCIENTIFIC ADVISORY COMMITTEE

Abdul Traish, PhD

Michael Zitzmann, MD, PhD, FRSM, FECSM

[www.t4leducation.com/amsterdam](http://www.t4leducation.com/amsterdam)

## Welcome Message

Dear Colleagues,

I am delighted to welcome you to the Testosterone Therapy and Men's Health Congress. This is an exciting time for the field, as we will be discussing the results of the TRAVERSE trial, which has brought much-needed clarity to several longstanding issues in testosterone therapy. These insights will help resolve some of the confusion that has persisted for years.

In addition to testosterone therapy, we will be exploring other critical topics in men's health throughout the congress. Modeled after the successful course I lead in the U.S., this event will feature esteemed speakers from our faculty as well as distinguished contributors from Europe, providing a truly enriching experience.

If you share an interest in testosterone therapy and men's health, I am confident that this congress will offer you valuable insights and exceptional networking opportunities.

I look forward to meeting you and exploring the latest advancements shaping our field. Welcome!

Warm regards,,

Abraham Morgentaler, MD, FACS  
Blavatnik Faculty Fellow in Health and Longevity  
Harvard Medical School



**Abraham Morgentaler, MD, FACS**



## Program Overview

### Thursday, 6 November 2025

Registration/Information Desk	14:00 – 17:00	P.C. Hooft
-------------------------------	---------------	------------

### Friday, 7 November 2025

Registration/Information Desk	8:00 – 16:50	Emerson Foyer
General Session	9:00 – 12:20	Emerson
Lunch	12:20 – 13:20	Celia Restaurant
General Session	13:20 – 16:50	Emerson

### Saturday, 8 November 2025

Registration/Information Desk	8:00 – 15:00	Emerson Foyer
General Session	9:00 – 12:15	Emerson
Lunch	12:15 – 13:15	Celia Restaurant
General Session	13:15 – 15:00	Emerson

NOTE: All sessions will take place on the lobby level of the Kimpton De Witt Amsterdam

\* Breakfast is available in the Celia Restaurant for overnight guests.

# Speakers



**Abraham Morgentaler, MD, FACS**

**DIRECTOR**

Executive Secretary  
Androgen Society  
Blavatnik Faculty Fellow in  
Health and Longevity  
Harvard Medical School



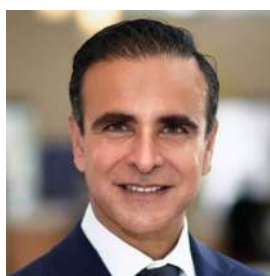
**Hugh Jones, BSc (Hons), MBChB, MD, FRCP (London), FRCP (Edinburgh)**

Consultant Physician and  
Endocrinologist  
Barnsley Hospital  
Hon. Professor of Andrology  
Division of Clinical Medicine  
University of Sheffield, Sheffield



**Leen Antonio, MD, PhD**

Endocrinologist/Andrologist  
Department of Endocrinology  
University Hospitals Leuven  
Assistant Professor  
Department of Chronic Disease  
and Metabolism of the Faculty  
of Medicine  
KU Leuven, Belgium



**Mohit Khara, MD, MPH, MBA**

Professor of Urology  
F. Brantley Scott Chair in Urology  
Director, Laboratory for  
Andrology Research  
Medical Director  
Executive Health Program  
Medical Director  
Scott Department of Urology  
Baylor College of Medicine



**Marianne Brandon, PhD**

Clinical Psychologist in Sex  
Therapy  
Private Practice



**Farid Saad, PhD**

Consultant in Reproductive  
Endocrinology  
Gulf Medical University,  
Ajman, U.A.E



**Janine David, MBBCh, DRCOG, DFFP, MRCGP, FECSM**

GP, Partner and Trainer  
Associate Andrologist Urology  
Department  
The Princess of Wales Hospital,  
Bridgend



**Abdul Traish, PhD**

Professor Emeritus, Urology  
Professor Emeritus,  
Biochemistry  
Boston University School of  
Medicine  
Editor-in-Chief  
*Androgens: Clinical Research and  
Therapeutics*



**Geoffrey Hackett, MD**

Consultant in Urology  
Professor of Sexual Medicine  
Aston University Birmingham  
Consultant in Urology and  
Sexual Medicine  
Spire Little Aston Hospital  
Birmingham



**Michael Zitzmann, MD, PhD, FRSM, FECSM**

Professor of Endocrinology and  
Andrology  
Centre of Reproductive Medicine  
and Andrology (CeRA)  
Münster University Clinics  
Germany



# Scientific Program

All sessions are located in Emerson unless noted otherwise.

## Friday, 7 November 2025

8:00 – 9:00 REGISTRATION/HOSPITALITY DESK

### SESSION 1

9:00 – 9:05 Introduction and Welcome Morgentaler

9:05 – 9:20 The Importance of Testosterone in Men's Health Morgentaler

9:20 – 9:40 History of Testosterone Therapy: Where We Have Been and Where We Are Going Traish

9:40 – 10:00 Testosterone Does Not Drive Prostate Cancer: Death of a Once-Foundational Concept Morgentaler

10:00 – 10:20 Physiology and Pathophysiology of Testosterone Deficiency Traish

10:20 – 10:30 Question-and-Answer Session

10:30 – 10:50 REFRESHMENT BREAK

### SESSION 2

10:50 – 11:10 The Role of CAG Repeats on Androgen Receptor Jones

11:10 – 11:30 GLP1 Medications: Is There a Role for Testosterone Therapy? Zitzmann

11:30 – 11:50 Re-evaluating the Role of Free T and SHBG Antonio

11:50 – 12:10 Who Is a Candidate? The Marriage of Guidelines and Clinical Experience for Testosterone Therapy Morgentaler

12:10 – 12:20 Question-and-Answer Session

12:20 – 13:20 LUNCH BREAK (Celia Restaurant)

### SESSION 3

13:20 – 13:40 What Have We Learned from the Large RCT's? Antonio

13:40 – 14:00 Insights from a Patient: Understanding Testosterone Deficiency Hackett

14:00 – 14:20 Real-World Data on T Therapy - Outcomes of Cardiometabolic and Prostate Events: A 17 Year Experience Saad

14:20 – 14:50 How Has the TRAVERSE Study Influenced Clinical Practice Antonio, Hackett, Khera, Zitzmann

14:50 – 15:00 Question-and-Answer Session

15:00 – 15:20 REFRESHMENT BREAK

# Scientific Program

All sessions are located in Emerson unless noted otherwise.

## Friday, 8 November 2024 (continued)

### SESSION 4

15:20 – 15:40	Addressing the X Factor in Human Sexuality	Brandon
15:40 – 16:00	Impact of Testosterone on Depression and Mental Health	David
16:00 – 16:20	New Approaches to Management of Young, Fertile, Men With Testosterone Deficiency	Khera
16:20 – 16:50	Question-and-Answer Session	

## Saturday, 8 November 2025

8:00 – 9:00 REGISTRATION/HOSPITALITY DESK

### SESSION 5

9:00 – 9:15	Platelet-Rich Plasma (PRP) and Shockwave Therapy (SWT) for Erectile Dysfunction: What's the Evidence?	Khera
9:15 – 9:30	A Sex Therapist's Approach to Low Libido	Brandon
9:30 – 9:45	Should Testosterone Therapy Be A Routine Consideration in the Management of Type 2 Diabetes in Men?	Jones
9:45 – 10:00	Testosterone Therapy, Erythrocytosis, and Thrombosis	Zitzmann
10:00 – 10:20	The Future of Intimacy	Brandon
10:20 – 10:30	Question-and-Answer Session	
10:30 – 10:50	REFRESHMENT BREAK	

### SESSION 6

10:50 – 11:15	Management of Complex Clinical Cases: A Case-Based Session	David, Jones, Khera, Zitzmann
11:15 – 11:30	Quality of Life in Testosterone-Treated Men with Normal Total T	Khera
11:30 – 12:15	<b>Keynote:</b> Testosterone, Science and Human Dignity	Morgentaler
12:15 – 13:15	LUNCH BREAK (Celia Restaurant)	

### SESSION 7

13:15 – 13:35	Opioids and Testosterone	David
13:35 – 13:50	What I See for the Future of Testosterone Therapy	Traish
13:50 – 15:00	Question-and-Answer Session	

# Accreditation Statement

The application for EACCME® accreditation is currently under review and pending approval. For updates, please visit: <https://t4leducation.com/amsterdam/accreditation/>

## Conference Venue

### Kimpton De Witt Amsterdam

Nieuwezijds Voorburgwal 5, 1012 RC  
Amsterdam, Netherlands

Phone: +31(0)20 620 0500  
Europe: +800-4444+5566

<https://www.kimptondewitthotel.com/en/>



### Hotel Accommodations

A limited number of discounted rooms have been reserved at the Kimpton De Witt Amsterdam for T4L Education Congress attendees. To receive the reduced room rate of €255, please specify your enrollment in the congress. This discounted rate is only available until the block sells out. Reservations can be made online at <https://t4leducation.com/amsterdam/venue/>

### Travel

The Kimpton de Kitt Amsterdam is a five-minute walk from Amsterdam Central Station, which also serves four metro lines and direct 15-minute trains to Amsterdam Airport Schiphol

#### Directions from Central Station – Walk

- Exit Amsterdam Centraal Station and head west on Prins Hendrikkade toward Nieuwebrugsteeg.
- Turn left onto Martelaarsgracht.
- Continue onto Nieuwezijds Voorburgwal.
- Destination will be on the left.

#### Directions from Amsterdam Airport Schiphol – Transit

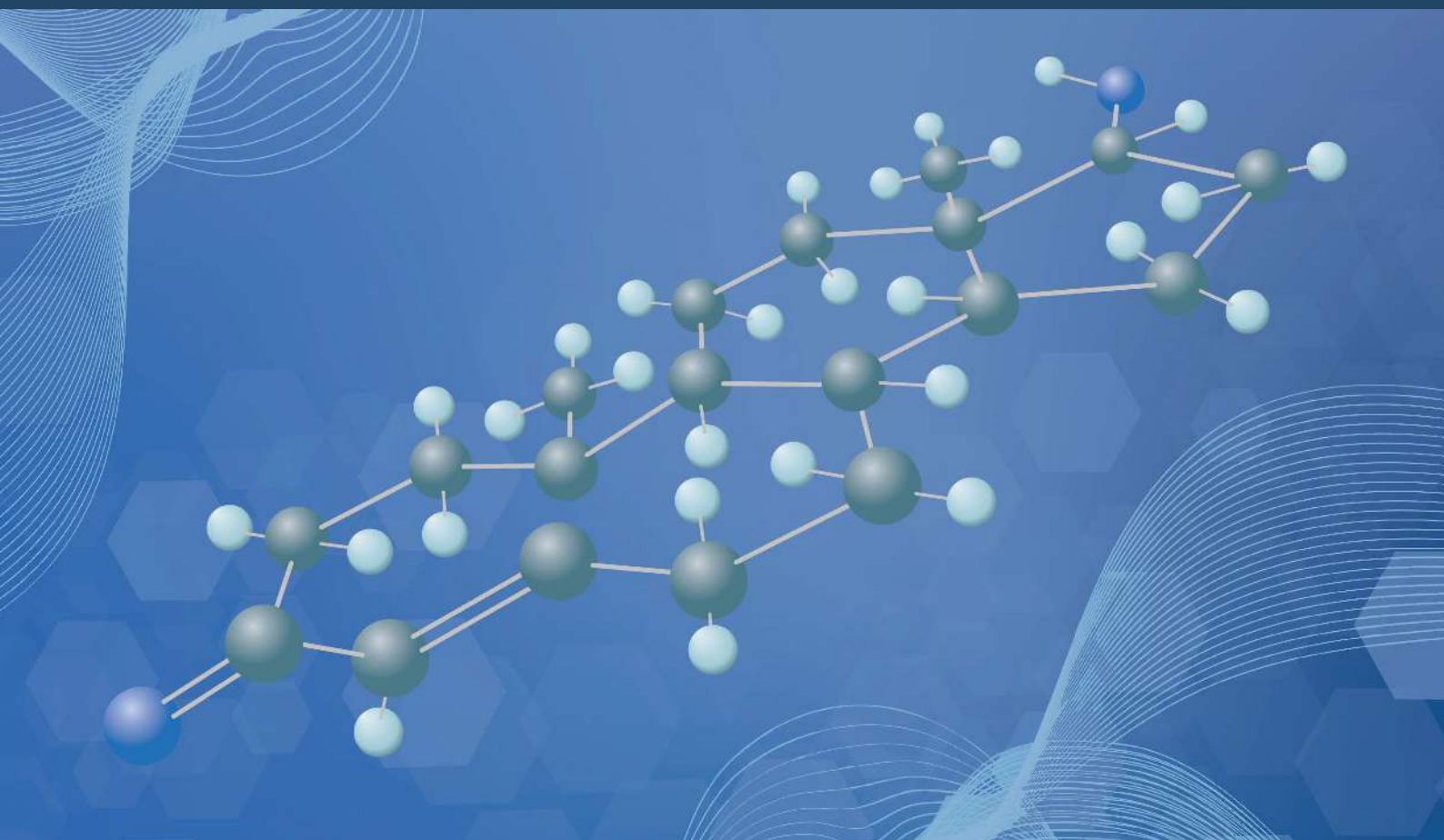
- Take the train to Amsterdam Centraal Station.
- Head west on Prins Hendrikkade toward Nieuwebrugsteeg.
- Turn left onto Martelaarsgracht.
- Continue onto Nieuwezijds Voorburgwal.
- Destination will be on the left.



# Testosterone Therapy and Men's Health Congress

7-8 November 2025

Kimpton de Witt Amsterdam, Amsterdam, Netherlands



[www.t4leducation.com/amsterdam](http://www.t4leducation.com/amsterdam)



**Conference Agency**

Agri Meetings, LLC

Email: [support@agrimeetings.com](mailto:support@agrimeetings.com)

[www.agrimeetings.com](http://www.agrimeetings.com)